

Farm Fresh Focus:

Monday

**Emphasizing Fresh** and/or Local ingredients

Tuesday

Wednesday

**Thursday** 

1 **BREAKFAST** 

> Confetti Pancakes Fruit Juice

Friday

LUNCH

Cheese Pizza Cucumbers **Applesauce National Vegetarian Day** 

# Pre-K BIC

Breakfast & Lunch Menu October 2021

Student Breakfast - \$1.25\* Adult Breakfast - \$2.40 Student Lunch - \$2.65\* Adult Lunch - \$4.10

\*unless eligible for free/reduced meal program

- Fresh fruits and vegetables served daily.
- Denotes vegetarian item
- Denotes pork item
- All meals served with 1% white milk

\*Menu subject to change

# **BREAKFAST**

French Toast Sticks Mixed Fruit

# LUNCH

Chicken Tacos Mexicali Corn Fruit Juice **National Taco Day**  5

### **BREAKFAST**

Turkey Pancake Wrap Apple Juice

#### LUNCH

Grilled Cheese Sweet Potato Fries Cantaloupe

**BREAKFAST** 

Maple Waffles Cantaloupe

#### LUNCH

Chicken Penne Rosa Broccoli Pear

**BREAKFAST** 

Turkey Sausage Breakfast Pizza Pear

#### LUNCH

Pizza Stick w/ Marinara Tomato Wedges Orange Juice

8 **BREAKFAST** 

> Confetti Pancake Orange Juice

#### LUNCH

Cheese Pizza **Baby Carrots** Apples ½ Day

11

18

# No School

12 BREAKEAST

Cinnamon Toast Crunch®

Applesauce

# LUNCH

Hamburger Potato Smiles Raisins

**National Lunch Week** 

13 **BREAKFAST** 

> Blueberry Muffin Watermelon

#### LUNCH

Pizza Sticks w/ Marinara Green Beans Pear

**National Lunch Week** 

14 **BREAKFAST** 

Turkey Sausage Breakfast Pizza Peach

#### LUNCH

Sunbutter & Jelly Green Pepper Strips Fruit Juice **National Lunch Week**  15 **BREAKFAST** 

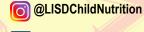
> Confetti Pancakes Banana

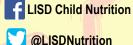
#### LUNCH

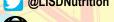
Cheese Pizza Celery Sticks Diced Peaches

**National Lunch Week National Mushroom Day** 

# STAY UP TO DATE









# **BREAKFAST**

Rice Chex ® Cereal Apple

# LUNCH

Chicken Nuggets Celery Fruit Mix

19

# **BREAKFAST**

Strawberry Banana Yogurt Cinnamon Toast Pear

### LUNCH

Hamburger Potato Smile Fries Orange

20

# **BREAKFAST**

Turkey Sausage Breakfast Pizza Mandarin Oranges

# LUNCH

Cheese Quesadilla Refried Beans **Diced Peaches** 

21

# **BREAKFAST**

Blueberry Muffin Pineapples

#### LUNCH

Chicken Patty **Baby Carrots** Cantaloupe

# **BREAKFAST**

Cinnamon Toast Crunch® Cantaloupe

#### LUNCH

Cheese Pizza Broccoli Pineapples

Rice Chex ® Cereal Peaches

Chicken Nuggets French Fries

26

Egg Patty Bagel

#### LUNCH

Spanish Frittata Tomato Wedges Orange Juice

27

# **BREAKFAST**

Turkey Sausage Wrap Fruit Juice

> Sunbutter & Jelly **Baby Carrots** Applesauce

28

### **BREAKFAST**

Turkey Sausage Breakfast Pizza Oranges

Rice Chex Cereal® LUNCH

Chicken Patty Corn Fruit Juice

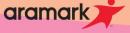
**BREAKFAST** 

Chocolate Muffin Apple Juice

#### LUNCH

Creepy Cheese Pizza Squiggly Squash Boo Banana Halloween Treat

**Happy Halloween** 



This institution is an equal opportunity provider.

25

# **BREAKFAST**

#### LUNCH

Pears

# **BREAKFAST**

Mixed Fruit

#### LUNCH