



Pre-K BIC Breakfast & Lunch Menu October 2021

Student Breakfast - \$1.25*
Adult Breakfast - \$2.40
Student Lunch - \$2.65*
Adult Lunch - \$4.10
**unless eligible for free/reduced meal program*
 • Fresh fruits and vegetables served daily.
 • (V) Denotes vegetarian item
 • (P) Denotes pork item
 • All meals served with 1% white milk
 *Menu subject to change

STAY UP TO DATE
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Monday	Tuesday	Wednesday	Thursday	Friday
Farm Fresh Focus: Emphasizing Fresh and/or Local ingredients				1 BREAKFAST Confetti Pancakes (V) Fruit Juice LUNCH Cheese Pizza (V) Cucumbers Applesauce National Vegetarian Day
4 BREAKFAST French Toast Sticks (V) Mixed Fruit LUNCH Chicken Tacos Mexicali Corn Fruit Juice National Taco Day	5 BREAKFAST Turkey Pancake Wrap Apple Juice LUNCH Grilled Cheese Sweet Potato Fries Cantaloupe	6 BREAKFAST Maple Waffles (V) Cantaloupe LUNCH Chicken Penne Rosa Broccoli Pear	7 BREAKFAST Turkey Sausage Breakfast Pizza Pear LUNCH Pizza Stick w/ Marinara Tomato Wedges Orange Juice	8 BREAKFAST Confetti Pancake (V) Orange Juice LUNCH Cheese Pizza (V) Baby Carrots Apples 1/2 Day
11 No School	12 BREAKFAST Cinnamon Toast Crunch® (V) Applesauce LUNCH Hamburger Potato Smiles Raisins National Lunch Week	13 BREAKFAST Blueberry Muffin (V) Watermelon LUNCH Pizza Sticks w/ Marinara Green Beans Pear National Lunch Week	14 BREAKFAST Turkey Sausage Breakfast Pizza Peach LUNCH Sunbutter & Jelly Green Pepper Strips Fruit Juice National Lunch Week	15 BREAKFAST Confetti Pancakes (V) Banana LUNCH Cheese Pizza (V) Celery Sticks Diced Peaches National Lunch Week National Mushroom Day
18 BREAKFAST Rice Chex® Cereal (V) Apple LUNCH Chicken Nuggets Celery Fruit Mix	19 BREAKFAST Strawberry Banana Yogurt Cinnamon Toast Pear LUNCH Hamburger Potato Smile Fries Orange	20 BREAKFAST Turkey Sausage Breakfast Pizza Mandarin Oranges LUNCH Cheese Quesadilla (V) Refried Beans Diced Peaches	21 BREAKFAST Blueberry Muffin (V) Pineapples LUNCH Chicken Patty Baby Carrots Cantaloupe	22 BREAKFAST Cinnamon Toast Crunch® (V) Cantaloupe LUNCH Cheese Pizza (V) Broccoli Pineapples
25 BREAKFAST Rice Chex® Cereal (V) Peaches LUNCH Chicken Nuggets French Fries Pears	26 BREAKFAST Egg Patty Bagel (V) Mixed Fruit LUNCH Spanish Frittata Tomato Wedges Orange Juice	27 BREAKFAST Turkey Sausage Wrap Fruit Juice LUNCH Sunbutter & Jelly Baby Carrots Applesauce	28 BREAKFAST Turkey Sausage Breakfast Pizza Oranges Rice Chex Cereal® (V) LUNCH Chicken Patty Corn Fruit Juice	29 BREAKFAST Chocolate Muffin (V) Apple Juice LUNCH Creepy Cheese Pizza (V) Squiggly Squash Boo Banana Halloween Treat Happy Halloween



This institution is an equal opportunity provider.